

Paraclete MORNING PRAYER

Monday

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

REFLECTION

This week we reflect upon God the Holy Spirit.

Of the three persons in the Trinity, God the Holy Spirit is the one that is hard to imagine.

Jesus himself helps us, when he describes the Holy Spirit as 'The Paraclete'. But what does that mean?

Paraclete is an ancient Greek word.

It referred to someone whom you called upon, especially when you needed help in difficult times, like a lawyer or a counsellor.

It comes from the Greek verb meaning 'to call upon' or 'invoke'.

So you can 'call upon' or 'invoke' God the Holy Spirit in moments of crisis or on other occasions when you need the direct intervention of God in your life or in the lives of others.

But in fact, as baptised Christians, God the Holy Spirit already lives within you.

He made His home within you at your Baptism.

So although you might invoke the Holy Spirit to come to your aid, it is the Holy Spirit within you who is prompting you to pray that prayer in the first place:

So we can say that it is God the Holy Spirit who is invoking you to invoke Him!

PRAYERS

Let us pray for Pope Leo and for the Bishops of the Church;
May they be inspired by the Holy Spirit in their guidance of the Church

Lord, hear us....

St Philip: **Pray for us**, *House Saint*: Pray for us.

In the name....

Paraclete

Tuesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

In addition to the word 'Paraclete', Scripture itself provides powerful metaphors to help us imagine God the Holy Spirit. Especially the metaphors of Fire and of Wind.

Fire and Wind aren't cosy, domestic metaphors;
They are elements which we associate with destruction!

Both fire and wind destroy all the barriers that we build to separate ourselves from each other.
So both fire and wind are forces which unify us.

With the coming of God the Holy Spirit, we are united with each other, sharing the one faith, speaking the one spiritual language, and spreading the one Gospel which promises salvation for all who are open to the work of the one Spirit.

PRAYERS

Let us pray the Universal Church,
that all the peoples of the world who are united within her,
grow in support of each other
and learn to spread the Gospel of Christ more effectively. Lord,
hear us....

St Philip: **Pray for us,** *House Saint:* **Pray for us.**

In the name....

Paraclete

Wednesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

If the devil brings with him enslavement and misery,
then God the Holy Spirit brings with Him freedom and joy.
The Holy Spirit frees you from all the trivial little things which
tie you down and encourage you to expect too little from life.
God the Holy Spirit delivers you from such mediocrity, if you
let him draw near.

Above all, God the Holy Spirit offers you the chance to
experience joy, even in times of hardship when everything can
seem hopeless.

But if you want the Holy Spirit to draw near,
then you need to quieten down and listen out for him.
The Holy Spirit speaks softly and He approaches quietly.
Ask the Holy Spirit to equip you with His gifts to make you
able to find the joy and freedom which He promises:
And ask for the seven gifts which he offers of wisdom,
understanding, counsel, fortitude, piety and the knowledge and
fear of the Lord.

PRAYERS

Let us pray that members of our school might be inspired by
the Holy Spirit to offer their talents for the spreading of the
Gospel.

Lord, hear us....

St Philip: Pray for us, *House Saint*: Pray for us.
In the name....

Paraclete

Thursday

ROSARY

Rosary intention for those taking public exams this term.

THE THIRD GLORIOUS MYSTERY:

PENTECOST

Suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. They were filled with the Holy Spirit.

1x Our Father, who art in heaven, hallowed be thy name. Thy Kingdom come, thy will be done on earth as it is in Heaven. Give us this day....

10x Hail Mary full of grace the Lord is with thee. Blessed art thou amongst women, and Blessed is the fruit of thy womb, Jesus. Holy Mary...

1x Glory be...

Friday

PRAYER TO THE HOLY SPIRIT

V. Come, Holy Spirit, fill the hearts of your faithful

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created

R. And you will renew the face of the earth.

Let us pray.

**Lord, by the light of your Holy Spirit
you have taught the hearts of your faithful.
In that same Spirit help us to relish what is
right and always rejoice in your consolation.
We ask this through Christ our Lord. Amen.**